

Criterion VI Br & Br : Session: 94: COACH evaluation sheet for TEAM: KLSVZ

Coachinfo: Warming up from: untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Beusen Els HEADCOACH

Coaches: Sevenants Marc

Coaches: Roosen Anouk

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 200M BREASTSTROKE MEN 11+							Heat:1, starttime: 14:04	
Heat: 1/6 Lane : 3 Athlete: ALLOING MYLAN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 2: 200M BREASTSTROKE MEN 11+							Heat:2, starttime: 14:09	
Heat: 2/6 Lane : 3 Athlete: GODART SIMON							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 2: 200M BREASTSTROKE MEN 11+							Heat:2, starttime: 14:09	
Heat: 2/6 Lane : 4 Athlete: DE MUYTER THOMAS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 2: 200M BREASTSTROKE MEN 11+							Heat:6, starttime: 14:28	
Heat: 6/6 Lane : 3 Athlete: STERKENDRIES BOAZ							Q-time: 03:10:21	
PB (25m pool): 03:10.21 LEUVEN 23/11/2025				PB (50m pool): no time SB: 03:10.21 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.53		01:31.07		02:20.43		03:10.21
	00:42.53		00:48.54		00:49.36		00:49.78	
								

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+										Heat:3, starttime: 15:16	
Heat: 3/10 Lane : 4 Athlete: GODART SIMON										Q-time: 99:99:99	
PB (25m pool): no time										PB (50m pool): no time SB: no time	
	2 5 M		5 0 M								
PB			no time								
	no time										
											

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+										Heat:5, starttime: 15:20																			
Heat: 5/10 Lane : 2 Athlete: MENTEN SIMON																				Q-time: 00:49:94									
PB (25m pool): 00:49.94 Tienen 26/10/2025										PB (50m pool): no time SB: 00:49.94 Tienen 26/10/2025																			
		2 5 M				5 0 M																							
PB						00:49.94																							
		00:49.94																											
																													

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+										Heat:5, starttime: 15:20																													
Heat: 5/10 Lane : 3 Athlete: ALLOING MYLAN																				Q-time: 00:50:16																			
PB (25m pool): 00:50.16 LEUVEN 23/11/2025										PB (50m pool): no time SB: 00:50.16 LEUVEN 23/11/2025																													
	2 5 M					5 0 M																																	
PB						00:50.16																																	
	00:50.16																																						
																																							

Coach feedback:

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Event number: 5: 50M BACKSTROKE MEN 11+			Heat:7, starttime: 15:23
Heat: 7/10 Lane : 3 Athlete: LAENEN CID			Q-time: 00:44:46
PB (25m pool): 00:44.46 Meise 14/09/2025			PB (50m pool): 00:46.16 SB: 00:44.46 Meise 14/09/2025
	2 5 M	5 0 M	
PB		00:44.46	
	00:44.46		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+			Heat:8, starttime: 15:25
Heat: 8/10 Lane : 4 Athlete: GRÉGOIRE MATS			Q-time: 00:43:48
PB (25m pool): 00:43.48 Liedekerke 01/05/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:43.48	
	00:43.48		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+			Heat:9, starttime: 15:27
Heat: 9/10 Lane : 1 Athlete: MENTEN WOUT			Q-time: 00:41:23
PB (25m pool): 00:41.23 Liedekerke 01/05/2025			PB (50m pool): 00:45.39 SB: no time
	2 5 M	5 0 M	
PB		00:41.23	
	00:41.23		
			

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:5, starttime: 15:36
Heat: 5/7 Lane : 1 Athlete: GIJSENBURG WINKE			Q-time: 00:43:29
PB (25m pool): 00:43.29 Meise 14/09/2025			PB (50m pool): no time SB: 00:43.29 Meise 14/09/2025
	2 5 M	5 0 M	
PB		00:43.29	
	00:43.29		
			

Coach feedback:

Criterium VI
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Event number: 8: 100M FREESTYLE MEN 11+					Heat:5, starttime: 16:06
Heat: 5/11 Lane : 1 Athlete: MENTEN SIMON					Q-time: 01:36:20
PB (25m pool): 01:36.20 LEUVEN 23/11/2025					PB (50m pool): 01:50.56 SB: 01:36.20 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.48		01:36.20	
	00:44.48		00:51.72		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:7, starttime: 16:10
Heat: 7/11 Lane : 1 Athlete: DE MUYTER THOMAS					Q-time: 01:25:73
PB (25m pool): 01:25.73 Vilvoorde 05/10/2025					PB (50m pool): no time SB: 01:25.73 Vilvoorde 05/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.24		01:25.73	
	00:41.24		00:44.49		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:7, starttime: 16:10
Heat: 7/11 Lane : 3 Athlete: GRéGOIRE MATS					Q-time: 01:24:38
PB (25m pool): 01:24.38 LEUVEN 23/11/2025					PB (50m pool): 01:38.87 SB: 01:24.38 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.89		01:24.38	
	00:39.89		00:44.49		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:8, starttime: 16:12
Heat: 8/11 Lane : 1 Athlete: LAENEN CID					Q-time: 01:17:94
PB (25m pool): 01:17.94 LEUVEN 23/11/2025					PB (50m pool): 01:16.93 SB: 01:17.94 LEUVEN 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.35		01:17.94	
	00:37.35		00:40.59		
					

Coach feedback:

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Event number: 8: 100M FREESTYLE MEN 11+					Heat:9, starttime: 16:13
Heat: 9/11 Lane : 4 Athlete: MENTEN WOUT					Q-time: 01:13:98
PB (25m pool): 01:13.98 LEUVEN 21/12/2025					PB (50m pool): 01:25.83 SB: 01:13.98 LEUVEN 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.41		01:13.98	
	00:35.41		00:38.57		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:10, starttime: 16:15
Heat: 10/11 Lane : 3 Athlete: STERKENDRIES BOAZ					Q-time: 01:10:27
PB (25m pool): 01:10.27 Tienen 26/10/2025					PB (50m pool): 01:17.47 SB: 01:10.27 Tienen 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.81		01:10.27	
	00:33.81		00:36.46		
					

Coach feedback:

Event number: 9: 100M FREESTYLE WOMEN 11+					Heat:5, starttime: 16:27
Heat: 5/7 Lane : 1 Athlete: GIJSENBURG WINKE					Q-time: 01:14:61
PB (25m pool): 01:14.61 Tienen 26/10/2025					PB (50m pool): 01:26.10 SB: 01:14.61 Tienen 26/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.81		01:14.61	
	00:33.81		00:40.80		
					

Coach feedback:

Event number: 11: 50M BUTTERFLY MEN 11+					Heat:1, starttime: 16:47
Heat: 1/7 Lane : 4 Athlete: MENTEN SIMON					Q-time: 00:55:99
PB (25m pool): 00:55.99 Liedekerke 01/05/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		00:55.99			
	00:55.99				
					

Coach feedback:

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Event number: 11: 50M BUTTERFLY MEN 11+			Heat:2, starttime: 16:49
Heat: 2/7 Lane : 3 Athlete: MENTEN WOUT			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 11: 50M BUTTERFLY MEN 11+			Heat:3, starttime: 16:50
Heat: 3/7 Lane : 3 Athlete: LAENEN CID			Q-time: 00:48:36
PB (25m pool): 00:48.36 Meise 14/09/2025			PB (50m pool): 00:55.71 SB: 00:48.36 Meise 14/09/2025
	2 5 M	5 0 M	
PB		00:48.36	
	00:48.36		
			

Coach feedback:

Event number: 11: 50M BUTTERFLY MEN 11+			Heat:3, starttime: 16:50
Heat: 3/7 Lane : 4 Athlete: GRéGOIRE MATS			Q-time: 00:52:04
PB (25m pool): 00:52.04 Bree 01/06/2025			PB (50m pool): no time SB: 00:52.72 Meise 14/09/2025
	2 5 M	5 0 M	
PB		00:52.04	
	00:52.04		
			

Coach feedback:

Event number: 11: 50M BUTTERFLY MEN 11+			Heat:4, starttime: 16:51
Heat: 4/7 Lane : 3 Athlete: DE MUYTER THOMAS			Q-time: 00:44:98
PB (25m pool): 00:44.98 Meise 14/09/2025			PB (50m pool): no time SB: 00:44.98 Meise 14/09/2025
	2 5 M	5 0 M	
PB		00:44.98	
	00:44.98		
			

Coach feedback:

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Event number: 11: 50M BUTTERFLY MEN 11+										Heat:5, starttime: 16:53																			
Heat: 5/7 Lane : 3 Athlete: STERKENDRIES BOAZ																				Q-time: 00:40:71									
PB (25m pool): 00:40.71 Meise 14/09/2025										PB (50m pool): no time SB: 00:40.71 Meise 14/09/2025																			
		2 5 M				5 0 M																							
PB						00:40.71																							
		00:40.71																											
																													

Coach feedback:

Event number: 12: 50M BACKSTROKE WOMEN 11+										Heat:3, starttime: 17:00				
Heat: 3/6 Lane : 1 Athlete: DE PRETER ADELE										Q-time: 00:53:37				
PB (25m pool): 00:53.37 Dilbeek 28/09/2025										PB (50m pool): no time SB: 00:53.37 Dilbeek 28/09/2025				
	2 5 M		5 0 M											
PB			00:53.37											
			00:53.37											
														

Coach feedback:

Event number: 12: 50M BACKSTROKE WOMEN 11+										Heat:5, starttime: 17:04	
Heat: 5/6 Lane : 2 Athlete: GIJSENBURG WINKE										Q-time: 00:36:36	
PB (25m pool): 00:36.36 Vilvoorde 05/10/2025										PB (50m pool): 00:42.51 SB: 00:36.36 Vilvoorde 05/10/2025	
	2 5 M		5 0 M								
PB			00:36.36								
			00:36.36								
											

Coach feedback:

Event number: 14: 200M BREASTSTROKE WOMEN 11+						Heat:1, starttime: 17:31		
Heat: 1/5 Lane : 1 Athlete: DE PRETER ADELE						Q-time: 99:99:99		
PB (25m pool): no time						PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback: